

Wednesday  
Morning Prayer – Proper 9 in Year 1

### **Opening Sentence**

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. *Psalm 19:14*

### **Versicle and Response**

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now, and will be for ever. Amen. Alleluia.

### **Invitatory**

#### **Jubilate**

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God;  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.

#### **Psalms**

##### **Psalm 119: 1 - 24**

1 Happy are they whose way is blameless,\*  
who walk in the law of the LORD!

2 Happy are they who observe his decrees \*  
and seek him with all their hearts!

3 Who never do any wrong,\*  
but always walk in his ways.

4 You laid down your commandments,\*  
that we should fully keep them.

5 Oh, that my ways were made so direct \*  
that I might keep your statutes!

6Then I should not be put to shame,\*  
when I regard all your commandments.  
7I will thank you with an unfeigned heart, \*  
when I have learned your righteous judgments.  
8I will keep your statutes; \*  
do not utterly forsake me.

9How shall a young man cleanse his way? \*

By keeping to your words.

10With my whole heart I seek you; \*  
let me not stray from your commandments.

11I treasure your promise in my heart, \*  
that I may not sin against you.

12Blessed are you, O LORD; \*  
instruct me in your statutes.

13With my lips will I recite \*  
all the judgments of your mouth.

14I have taken greater delight in the way of your decrees \*  
than in all manner of riches.

15I will meditate on your commandments \*  
and give attention to your ways.

16My delight is in your statutes; \*  
I will not forget your word.

17Deal bountifully with your servant, \*  
that I may live and keep your word.

18Open my eyes, that I may see \*  
the wonders of your law.

19I am a stranger here on earth; \*  
do not hide your commandments from me.

20My soul is consumed at all times \*  
with longing for your judgments.

21You have rebuked the insolent; \*  
cursed are they who stray from your commandments!

22 Turn from me shame and rebuke,\*  
for I have kept your decrees.

23 Even though rulers sit and plot against me, \*  
I will meditate on your statutes.

24 For your decrees are my delight,\*  
and they are my counselors.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### **Reading**

1 Samuel 16:1-13

The Lord said to Samuel, 'How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.' Samuel said, 'How can I go? If Saul hears of it, he will kill me.' And the Lord said, 'Take a heifer with you, and say, "I have come to sacrifice to the Lord." Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.' Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, 'Do you come peaceably?' He said, 'Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice.' And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, 'Surely the Lord's anointed is now before the Lord.'\* But the Lord said to Samuel, 'Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart.' Then Jesse called Abinadab, and made him pass before Samuel. He said, 'Neither has the Lord chosen this one.' Then Jesse made Shammah pass by. And he said, 'Neither has the Lord chosen this one.' Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, 'The Lord has not chosen any of these.' Samuel said to Jesse, 'Are all your sons here?' And he said, 'There remains yet the youngest, but he is keeping the sheep.' And Samuel said to Jesse, 'Send and bring him; for we will not sit down until he comes here.' He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, 'Rise and anoint him; for this is the one.' Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The Word of the Lord.

Thanks be to God.

### **Canticle 11 The Third Song of Isaiah**

Arise, shine, for your light has come, \*  
and the glory of the Lord has dawned upon you.

For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.

But over you the Lord will rise, \*

and his glory will appear upon you.  
Nations will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.  
The Lord will be your everlasting light, \*  
and your God will be your glory.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

## **Reading**

Acts 10:1-16

In Caesarea there was a man named Cornelius, a centurion of the Italian Cohort, as it was called. He was a devout man who feared God with all his household; he gave alms generously to the people and prayed constantly to God. One afternoon at about three o'clock he had a vision in which he clearly saw an angel of God coming in and saying to him, 'Cornelius.' He stared at him in terror and said, 'What is it, Lord?' He answered, 'Your prayers and your alms have ascended as a memorial before God. Now send men to Joppa for a certain Simon who is called Peter; he is lodging with Simon, a tanner, whose house is by the seaside.' When the angel who spoke to him had left, he called two of his slaves and a devout soldier from the ranks of those who served him, and after telling them everything, he sent them to Joppa.

About noon the next day, as they were on their journey and approaching the city, Peter went up on the roof to pray. He became hungry and wanted something to eat; and while it was being prepared, he fell into a trance. He saw the heaven opened and something like a large sheet coming down, being lowered to the ground by its four corners. In it were all kinds of four-footed creatures and reptiles and birds of the air. Then he heard a voice saying, 'Get up, Peter; kill and eat.' But Peter said, 'By no means, Lord; for I have never eaten anything that is profane or unclean.' The voice said to him again, a second time, 'What God has made clean, you must not call profane.' This happened three times, and the thing was suddenly taken up to heaven.

The Word of the Lord.

Thanks be to God.

### **Canticle 16**

Blessed be the Lord, the God of Israel;\*  
he has come to his people and set them free.

He has raised up for us a mighty savior,\*  
born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies,\*  
from the hands of all who hate us.

he promised to show mercy to our fathers\*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham,\*  
to set us free from the hands of our enemies,

Free to worship him without fear,\*  
holy and righteous in his sight  
all the days of our life.

You, my child, shall be called the prophet of the Most High,\*  
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation\*  
by the forgiveness of their sins.

In the tender compassion of our God\*  
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death,\*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### **The Apostle's Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

The Lord be with you.  
And also with you.  
Let us pray.

### **The Lord's Prayer**

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **Suffrages**

Save your people, Lord, and bless your inheritance;

Govern and uphold them, now and always.

Day by day we bless you;

We praise your name for ever.

Lord, keep us from all sin today;

Have mercy on us, Lord, have mercy.

Lord, show us your love and mercy;

For we put our trust in you.

In you, Lord, is our hope;

And we shall never hope in vain.

### **Collect of the Day: Proper 9**

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy

Spirit, one God, for ever and ever. Amen.

### **A Collect for Peace**

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

### **For Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

### **Prayers and Intercessions**

Let us pray now for our own needs and those of others.

### **General Thanksgiving**

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

### **Benediction**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20,21