

Friday  
Evening Prayer – Proper 9 in Year 1

### **Opening Sentence**

I will bless the Lord who gives me counsel; my heart teaches me, night after night. I have set the Lord always before me; because he is at my right hand, I shall not fall. Psalm 16:7,8

### **Versicle and Response**

O God, make speed to save us.

O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit  
As it was in the beginning, is now, and will be for ever. Amen. Alleluia.

### **Invitatory**

O gracious light,  
pure brightness of the everliving Father in heaven,  
O Jesus Christ, holy and blessed!  
Now as we come to the setting of the sun,  
and our eyes behold the vesper light,  
we sing your praises, O God: Father, Son, and Holy Spirit.  
You are worthy at all times to be praised by happy voices,  
O Son of God, O Giver of Life,  
and to be glorified through all the worlds.

### **Psalms**

#### **22 *Deus, Deus meus***

1 My God, my God, why have you forsaken me? \*  
and are so far from my cry  
and from the words of my distress?

2 O my God, I cry in the daytime, but you do not answer; \*  
by night as well, but I find no rest.

3 Yet you are the Holy One, \*  
enthroned upon the praises of Israel.

4 Our forefathers put their trust in you; \*  
they trusted, and you delivered them.

5 They cried out to you and were delivered; \*  
they trusted in you and were not put to shame.

6 But as for me, I am a worm and no man, \*  
scorned by all and despised by the people.

7 All who see me laugh me to scorn; \*

they curl their lips and wag their heads, saying,

8 "He trusted in the Lord; let him deliver him; \*  
let him rescue him, if he delights in him."

9 Yet you are he who took me out of the womb, \*  
and kept me safe upon my mother's breast.

10 I have been entrusted to you ever since I was born; \*  
you were my God when I was still in my  
mother's womb.

11 Be not far from me, for trouble is near, \*  
and there is none to help.

12 Many young bulls encircle me; \*  
strong bulls of Bashan surround me.

13 They open wide their jaws at me, \*  
like a ravening and a roaring lion.

14 I am poured out like water;  
all my bones are out of joint; \*  
my heart within my breast is melting wax.

15 My mouth is dried out like a pot-herd;  
my tongue sticks to the roof of my mouth; \*  
and you have laid me in the dust of the grave.

16 Packs of dogs close me in,  
and gangs of evildoers circle around me; \*  
they pierce my hands and my feet;  
I can count all my bones.

17 They stare and gloat over me; \*  
they divide my garments among them;  
they cast lots for my clothing.

18 Be not far away, O Lord; \*  
you are my strength; hasten to help me.

19 Save me from the sword, \*  
my life from the power of the dog.

20 Save me from the lion's mouth, \*  
my wretched body from the horns of wild bulls.

21 I will declare your Name to my brethren; \*  
in the midst of the congregation I will praise you.

22 Praise the Lord, you that fear him; \*  
stand in awe of him, O offspring of Israel;  
all you of Jacob's line, give glory.

23 For he does not despise nor abhor the poor in their poverty;  
neither does he hide his face from them; \*  
but when they cry to him he hears them.

24 My praise is of him in the great assembly; \*  
I will perform my vows in the presence of those who  
worship him.

25 The poor shall eat and be satisfied,  
and those who seek the Lord shall praise him: \*  
"May your heart live for ever!"

26 All the ends of the earth shall remember and turn to  
the Lord, \*  
and all the families of the nations shall bow before him.

27 For kingship belongs to the Lord; \*  
he rules over the nations.

28 To him alone all who sleep in the earth bow down  
in worship; \*  
all who go down to the dust fall before him.

29 My soul shall live for him;  
my descendants shall serve him; \*  
they shall be known as the Lord's for ever.

30 They shall come and make known to a people yet unborn \*  
the saving deeds that he has done.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### **Reading**

Mark 1:1-13

The beginning of the good news\* of Jesus Christ, the Son of God.\*

As it is written in the prophet Isaiah,\*  
'See, I am sending my messenger ahead of you,\*  
who will prepare your way;  
the voice of one crying out in the wilderness:  
"Prepare the way of the Lord,  
make his paths straight" ',

John the baptizer appeared\* in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with

camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, 'The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with\* water; but he will baptize you with\* the Holy Spirit.'

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved;\* with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

The Word of the Lord.

Thanks be to God.

### **Canticle 17**

Lord, you now have set your servant free \*  
to go in peace as you have promised;

For these eyes of mine have seen the Savior, \*  
whom you have prepared for all the world to see:

A Light to enlighten the nations, \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### **The Apostle's Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

The Lord be with you.

And also with you.

Let us pray.

### **The Lord's Prayer**

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **Suffrages**

That this evening may be holy, good, and peaceful,

We entreat you, O Lord.

That your holy angels may lead us in paths of peace and goodwill,

We entreat you, O Lord.

That we may be pardoned and forgiven for our sins and offenses,

We entreat you, O Lord.

That there may be peace to your Church and to the whole world,

We entreat you, O Lord.

That we may depart this life in your faith and fear,  
and not be condemned before the great judgment seat of Christ,

We entreat you, O Lord.

That we may be bound together by your Holy Spirit in  
the communion of all your saints,  
entrusting one another and all our life to Christ,

We entreat you, O Lord.

### **Collect of the Day: Proper 9**

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### **A Collect for Fridays**

Lord Jesus Christ, by your death you took away the sting of death: Grant to us your servants so to follow in faith where you have led the way, that we may at length fall asleep peacefully in you and wake up in your likeness; for your tender mercies' sake. Amen.

### **For Mission**

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh, and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen.

### **Prayers and Intercessions**

Let us pray now for our own needs and those of others.

### **A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

### **Benediction**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20,21